



Wild Rose Public Schools

Charlotte Small Ski Trip to Nakiska

Dear Grade 5 & 6 parents/guardians,

We are so excited to announce that your child has been invited to our annual ski trip to **Nakiska Ski Area** on **Thursday, February 1st.** See itinerary below for details and departure and return times.

5:30 am	Meet at Charlotte Small Elementary main doors to load buses.
5:45am- 8:00am	Bus Departs Condor and arrives at Nakiska
8:00am- 9:00am	Arrival at Nakiska: Ski Groups/Rental Pickup/Safety Guidelines
9:00am - 11:00am	Lessons
11:00am - 4:00pm	 Free Ski - Enjoy skiing at the level your instructor recommends. Stop for lunch at the school tent when you wish. Stay with your ski level group and adult supervisor. You may have the opportunity to ride the chair lift dependent upon ski instructor recommendations and skill development. If you are ready to ride the chair lift, you must ride the chair lift with an adult or teacher.
4:00pm	Return rentals
4:30pm	Load Bus/Depart
5:30pm	Arrive in Cochrane for supper.
6:30pm - 8:30pm	Leave Cochrane and head back to Charlotte Small Elementary

Ski Trip Itinerary - Thursday, February 1,2024

We are VERY FORTUNATE to be riding on coach buses this trip as our amazing Parent Council has decided to cover the cost of transportation for this trip. We welcome and encourage parents to come along.





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RR 1, Condor, AB T0M 0P0 Phone: 403-729-3868

Educational Opportunity

Our mandate from Alberta Education is to provide educational opportunities to our students that encourage them to become more physically active now and continue it into their adult life. Skiing is something that can be enjoyed by 5 year olds or 75 year olds. This activity does pose a risk to the students, but to minimize this risk, the Wild Rose School Division requires students to participate in a mandatory lesson. (*Please note that a helmet is required for all participants - even those taking their own equipment. Wrist guards are required if you are snowboarding.*)

Please visit the link to see a list of risks and safety information from Nakiska Mountain Lodge. <u>https://skinakiska.com/discover-nakiska/mountain-safety/</u>

Skiing can also be expensive but school groups get massive discounts in order to make it affordable. If you have concerns, comments or questions regarding the risk of this activity please contact the school and ask for Mrs. Brower. If you are seeking financial assistance or support for your child to attend, please contact Mrs. Kalev at the school. The Parent Council is willing to make sure that all students have the opportunity to attend this amazing trip, so please don't hesitate to seek financial support for your child.

In order for your child to take part in this field trip he/she must fill out the attached forms, return them and pay for the trip on SCHOOL CASH online. (It will be live from Monday, December 4th-January 9th.) All forms must be turned into the office by no later than **3:30 pm on** Tuesday, January 9th.

Choose one of the following cost breakdown options to calculate student cost	<u>[:</u>			
(Cost of Transportation will be covered by Parent Council)				

- 1. FULL PACKAGE- Equipment Rental/Lift Ticket/Lesson \$77 per student
- Lift Ticket /Lesson (Have your own equipment including helmet) \$73 per student
- 3. Lesson Only (Have your own equipment, pass and helmet)

\$67 per student





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<u>Please note:</u> Due to booking confirmations and cancellation policies of service providers, refunds for skiing/boarding and transportation will not be given after Tuesday, January 17th.

Parent Volunteers

In order for our ski trip to be a successful and safe experience for all, we will need as many parent volunteers as possible. Each group needs to maintain an adult to student ratio of 1:5 in accordance with Wild Rose School Division policy. All volunteers will be assigned to a group that will have your son/daughter as well as other students who are at the same ski level. We thank you in advance for being a part of this opportunity for our students if you are able to volunteer!

If you are interested in participating as a chaperone in this field trip, please complete the volunteer form attached and return no later than **Tuesday, January 9th, 2024**. **Please note that all volunteers must have a current Criminal Record Check on file at the school. Please get** your check in as soon as possible. We can send a form home with your child at your request.

Parent costs (if you intend to ski) are:

- 1. FULL PACKAGE 2hr Lesson, Rental and Lift Pass \rightarrow \$107
- 2. Rental and Lift Pass \rightarrow \$97
- 3. Lift Pass Only \rightarrow \$67

We strongly encourage you to send your child(ren) with a bagged lunch/supper, snacks, water bottle and spending money for supper in Cochrane if you choose not to bring a bagged supper. The cost of food at the ski lodge is quite expensive.

If you have any questions, feel free to contact the school (403) 729-3868 or contact me by e-mail at <u>kobi.brower@wrsd.ca</u>. We look forward to this educational opportunity for our students!

Thank you,

Mrs. Brower





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	Skiing Ability Ratings	Snowboarding Ability Ratings
Level 1	« Zero or little experience, unable to ride lifts	« Zero or little experience, unable to ride lifts
Level 2	 « Experience on gentle green slopes and with surface lifts (Magic Carpet) « Able to stop, snow-plow & make basic turns « Lesson taught on beginner slope/Magic Carpets 	 « Experience on gentle green slopes and with surface lifts (Magic Carpet) « limited experience with chair lift « Able to side slip on one edge & hesitate on linking turns « Shaky balance, worried about speed and falling
Level 3	 « Experience on steeper green slopes « Able to straight run with ski parallel « Able to link wedge turns with confidence « Lesson will start on the beginner slope (Magic Carpet), then progress to chairlift 	 « Able to side slip on toe and heel edge Links turns with ease and engages some edging « Most green slopes are considered "too easy" « Beginning to ride switch
Level 4	« Experience with chair lifts « Experience on green and gentle blue slopes « Able to link turns with skis in parallel position	 « Experience with chairlifts and eager to ride varied snow conditions and terrain « Linking turns with edge control « Comfortable on blue runs « Comfortable riding switch « Strong with balance and speed control « Not concerned with falling
Level 5	 « Experience with all types of lifts « Experience on steep blue and moderate black slopes « Skis in parallel position at all times « Eager to ski varied snow conditions and terrain 	Not Applicable

Information Items

Suggested Clothing

Clothing should be layered to adapt to winter weather changes, with the head, hands, and feet well protected. Nakiska advises participants to wear the following items:

- Warm, water-resistant jacket
- Warm, water-resistant pants
- Warm, water-resistant gloves
- Sweater / fleece / jacket
- Neck tube or turtleneck sweater
- Long underwear

- Goggles or sunglasses
- Sunscreen and Lip protection
- Warm socks
- Toque or Hat
- Helmets are included with the rental / lesson package





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PARENT CONSENT FORM (Return to Office)

I,______, parent/guardian of ______, give permission for him/her to participate in the ski trip as outlined in this document. I have read the document and understand the program and the conditions under which it is being offered. I am aware of the hazards associated with the transportation to and from, as well as participation in the activity. I give my permission for the above listed student to be transported by school personnel or their designees and to participate in the above listed activity. I also authorize any necessary emergency medical treatment to be administered to the above named student.

I understand that this is a school sponsored program, that the students are expected to conduct themselves as responsible individuals, and that the rules and regulations of the school and the Wild Rose School Division will apply at all times for the duration of the field trip.

Signature of Parent/Guardian	Date
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Parent Volunteers

According to Wild Rose Public Schools Administrative Procedure 440, all school volunteers are required to have a current criminal check. If you are interested in volunteering, **please submit your record check as soon as possible**. We can send a form home with your child at your request, or you can pick up a volunteer letter at the front office.

Parent Name: _____

I am interested in volunteering but not participating in skiing/snowboarding (tent/lodge chaperone)

_____ I am interested in chaperoning on the hill - Please complete parent participant form

_____ I have current checks on file at the school - please double check with office

I can be contacted at (____) _____ or by email _____





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Student Information Form:

(Return to school)

Student #1 Name: ______ Grade: _____ Age: _____ Gender: (M / F)

What do you require? Please tick all that apply:

Lessons: <u>X</u>	Lift Pass:	Rentals:	Helmet:
*2hr lessons are mandatory	as per Wildrose School Divisi	on Admin Procedures	

SCHOOL CASH REFERENCE #: _____

COMPLETE THIS SECTION IF YOU REQUIRE RENTAL EQUIPMENT:

Please fill in this information with **accurate details**. It is **very important that this information be** <u>**accurate**</u> as this will affect the set-up of the equipment, lessons and may provide information in the event of an emergency.

Height:	ft	inches		Weight:	lbs
Shoe Size:		Skiing :	<u>or</u>	Snowboarding	
	time snowboard	[•] (Left foot forward) <i>ing, you must have a pa</i> Ability L	irent or gu		
		<u>nomey n</u>			
Ski/Snowboard	Ability Level: 1	2 3 4 5 (You will	find the a	bility ratings sheet i	n this package.)
How many times	have you skie	d/snowboarded?		_	
Parents Name(P	rinted):		Eme	ergency Contact #:	
Any Pre-existing	medical condi	tions:			
AB Health Care N	lumber:				





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Parent Participant Only (Return to office if necessary)

Note: In order for our ski trip to be a successful and safe experience for all, we will need as many parent volunteers as possible. All volunteers will be assigned to a group that will have your son/daughter as well as other students who are in the same ski level. We thank you in advance for being a part of this opportunity for our students. PARENTS WHO ARE NOT VOLUNTEERING, AS WELL AS SIBLINGS WILL NOT GET THE CHARLOTTE SMALL RATE.
Parent/Guardian #1:______ Cell #:______

Lift Ticket and Rental: (\$	(97) S	SCHOOL CASH REFERENCE #:
Lift Ticket Only: (\$67)	-	
Full Package - Lesson, Rental, Li	ift :(\$107)	

COMPLETE THIS SECTION IF YOU REQUIRE RENTAL EQUIPMENT:

Height:ft _	inches	Weight:	lbs
Shoe Size:	Skiing :	OR Snowboarding	
Parent/Guardian #2:		Cell #:	
	<u>Check all tha</u>	at are required:	
Lift Ticket and Rental: Lift Ticket Only: (SCHOOL CASH REFERENCE #:	
<u>COMPLET</u>	TE THIS SECTION IF YO	OU REQUIRE RENTAL EQUIPMEN	C :
Height:ft _	inches	Weight:	lbs
Shoe Size:	Skiing :	OR Snowboarding	

